Recreation: becoming the new me

Ephesians 4: 22-24

1. Conversion: from the Old You to the New You (22,24)

Old person New Person

Corrupted Created by God
Driven by natural desires To be like God

Old way of life

Righteousness and holiness

Deceit Truth

Put off Put on

2. Your Mind: the key to ongoing renewal (23)

We must listen to God's voice in Scripture in such a way that His Spirit can use the Gospel to reshape our whole inner life

- our convictions, our attitudes, our imaginations, our drives and desires—and therefore our behaviour and lifestyle.