

HEBREWS 4: 1 – 13

I. Understanding God's Rest.

1. Genesis - Rest Created [and Lost] v. 4
2. [Exodus – Restoring the Rest. Deut. 12:10]
3. Numbers – Excluded from the Rest v. 2, 6.
4. Joshua/Psalm 95 – an Incomplete Rest. v.6-8
5. The Rest that Remains and is now available in Christ. 1, 3, 6, 9-11
 - A Rest to be experienced now
 - A Rest to be perfected when Christ returns

II. Experiencing God's Rest

1. A Rest which we should be fearful of missing v. 1
2. A Rest which is ours through Faith v. 2
3. A Rest which means rest from our own work v.10.
4. A Rest we must make every effort to enjoy v.11.
5. A Rest which the power of God's Word motivates us to seek vv.12-13