

## Wisdom about personal brokenness

### The wounded spirit and the broken wall

- Our hearts – important but vulnerable (12:25, 14:10, 14:13, 14:30, 17:22)
- Our hearts – needing the right words (15:4; 15:30)
- Our hearts – needing something they can rely on (18:10-11)
- Our hearts - finding transformation in Jesus (15:4, 18:14)

- 12:25     Anxiety weighs down the heart but a kind word cheers it up
- 14:10     Each heart knows its own bitterness and no one else can share in its joy
- 14:13     Even in laughter the heart may ache and rejoicing may end in grief
- 14:30     A heart at ease gives life to the body but envy rots the bones.
- 15:4      The soothing tongue is a tree of life but a perverse tone crushes the spirit.
- 15:13     A happy heart makes the face cheerful but heartache crushes the spirit.
- 15: 15    All the days of the oppressed are wretched but the cheerful heart have a continual feast.
- 15:30     Light in a messenger's eyes brings joy to the heart, and good news gives health to the bones.
- 17:22     A cheerful heart is good medicine but a crushed spirit dries up the bones
- 18:10-11 The name of the Lord is a fortified tower, the righteous run into it and are saved. The wealth of the rich is their fortified city. They imagine it a wall too high to scale.
- 18:14     The human spirit can endure in times of illness but a crushed spirit who can bear?