# Practicing affirmation: using our words for good

## Ephesians 4:29

#### A Word about Words

#### 1. What we should avoid

- 'falsehood' (v25)
- 'any unwholesome talk' from our mouths (v29)

#### 2. What we should adopt

- 'truthfulness' (v25)
- 'what is helpful for building others up according to their needs' (v29)

#### 3. Why we should adapt

- 'we are members of one body' (v25)
- 'that it may benefit those who listen' (v29)

### **Book recommendations:**

Sam Crabtree, <u>Practicing Affirmation</u> (Crossway) Jay Younts, <u>Everyday Talk</u> (Shepherd)

A screenshot of the PowerPoint referred to in the sermon:

