



## Sources of help with cost of living

**Sunday Services** at 10:00am and 6pm – all welcome!

**Eden Café** 2<sup>nd</sup> & 4<sup>th</sup> Saturdays, 11am-1pm. Free cuppa, cake and chat, here at Eden Chapel.

Get in touch with the church office at 1 Fitzroy Street, CB1 1ER

01223 361250 or via <https://eden-cambridge.org>

### Sources of Support: Debt and Money Management

Central Government guidance, benefits and support

<https://www.gov.uk/guidance/cost-of-living-payment>

<https://helpforhouseholds.campaign.gov.uk/>

<https://www.gov.uk/guidance/cost-of-living-payment-pensioner-cost-of-living-payment>

<https://www.gov.uk/winter-fuel-payment>

Local Government: Cambridge City Council

<https://www.cambridge.gov.uk/household-support-fund>

Application form: [https://cambridgeshire-self.achieveservice.com/service/Household\\_Support\\_Fund](https://cambridgeshire-self.achieveservice.com/service/Household_Support_Fund)

Support with Water Bills

<https://www.ccwater.org.uk/households/help-with-my-bills/>

Christians Against Poverty (CAP) – debt counselling and wide-ranging advice

<https://capuk.org/get-help/cap-debt-help>

<https://capuk.org/money-and-debt-advice>

Cambridge Money Advice Centre - Citizens Advice Service Cambridge

<https://www.cambridgemoneyadvicecentre.org.uk> Tel: 01223 727455

<https://www.cambridgecab.org.uk/> Tel: 0808 2787808

### Sources of Support for Homelessness

Wintercomfort

Overstream House, Victoria Avenue

<https://wintercomfort.org.uk/>

Jimmy's Cambridge

1 East Road, 01223 576085

<https://www.jimmyscambridge.org.uk/>

Cambridge Street Outreach

<https://www.changegrowlive.org/street-outreach-cambridge>

01223 366 292

Hope into Action - for non-emergency accommodation

<https://www.hopeintoaction.org.uk/>

### Other Specific Support Services

Centre 33 – support for under-25s

<https://centre33.org.uk/> 0333 4141809

Samaritans

Freefone: 116123 [www.samaritans.org/](http://www.samaritans.org/)

4 Emmanuel Road, CB1 1JW

Cambridge Women's Aid

<https://cambridgewa.org.uk/contact.php> 01223 361214

### Foodbank Locations

St Paul's Church, Hills Road (Monday 16:00-17:30, Friday 14:30-16:30)

Cambourne Distribution Centre (Thursday 10:00-12:00)

Church of the Good Shepherd, Arbury (Thursday 11:00-13:00)

C3 Centre, by the big Sainsburys (Friday 10:30-13:00)

Chesterton Methodist Church, Green End Road (Tuesday 10:00-12:00)

Christ Church Trumpington Church Centre (Thursday 14:30-16:00)

Northstowe Secondary College (13:30-15:30)

OLEM Church, Hills Rd (Wednesday 10:00-12:00)